Sand Tray Group Therapy

Facilitated by Madelynn Kraft, LPC-MHSP (temp)



5 weekly sessions Sundays 5:00 - 6:30 pm starting April 14th \$60 per session Ages 18+



Are you looking for a different kind of therapy experience?

Tired of talking about the same old stories & repeating the same old patterns?

Want to discover what's been keeping you stuck?

Sand tray is an experiential therapeutic modality, which uses figurines in sand, to help you bring unconscious beliefs, emotions, and associations into consciousness, where they can be processed and utilized to resolve conflicts and overcome obstacles.