



Internship Program Description

Hazel House Holistic Healing is a holistic, integrative, self-pay private practice that uses multiple modalities to treat people affected by trauma, addiction, loss, mental health concerns, and stress. Our mission is to facilitate the natural healing process in each individual who seeks our care, by offering compassionate connection, alongside skilled interventions, targeting body, mind, and spirit. The most up-to-date list of our services and team members can be found on our website, at HazelHouse.net. The website also contains a page about interning or working at Hazel House, along with an online application, under the Contact tab.

Purpose of our internship program:

The purpose is two-fold. First, we believe that access to quality mental health care should be accessible to ALL. Offering services on a flexible sliding scale, we are able to meet almost any budget. Second, we enjoy teaching and mentoring students, and we find that having interns on our team enriches the experience for us all.

We strive to provide our interns with the clinical experience and supervision necessary to function effectively as a professional counselor, by offering opportunities to work with a wide variety of clients and presenting concerns, and by supporting our interns in their professional development. Interns will gain information and experience related to the following:

- The organizational structure, mission, vision, values, and policies of Hazel House Holistic Healing
- Psychosocial assessment, diagnosis, and treatment planning (although formal diagnosis is not heavily emphasized at Hazel House).
- Various theoretical approaches to conceptualize cases and offer effective psychotherapy
- A variety of treatment interventions for a range of presenting concerns / diagnoses *
- Clinical documentation
- Group therapy – students will either develop and offer their own group, which may be co-facilitated with a peer, or they will assist a more experienced therapist in an established group.
- Neurofeedback process, methodology, and rationale – students have the opportunity to administer neurofeedback sessions for a small portion of their direct clinical hours
- Weekly team meetings that include case consultation and sharing of information that can be used with clients.
- Engaging and supportive relationships with a supervisor and other team members to enhance learning, develop skills, and maintain healthy habits throughout the process.

*Interns are typically trained to offer clinical hypnotherapy, early in their internship year. They will also gain experience with CBT, DBT, somatic and experiential modalities, as well as supportive counseling techniques, and psychodynamic (object relations / attachment) and existential theories. Further, interns will be exposed to advanced therapy techniques, through meeting with and learning from other team members, e.g., IFS, ACT, brainspotting, EMDR, SomEx, EFT, and others.

**Supervisor:**

Lindsay E. Vaughn, Psy.D., HSP, CSP
Licensed Clinical Psychologist in Tennessee
<https://www.hazelhouse.net/lindsay-vaughn>

Locations:

Interns typically spend some time at each of our two locations, and with two separate clinical teams.

- 2818 Azalea Place, Nashville, TN 37204 (Berry Hill)
- 849 Wren Road, Goodlettsville, TN 37072 (Rivergate)

Intern qualities that allow for a good match: Honest;, Authentic; Independent; Self-motivated; Receptive to feedback; Able to seek support when needed; Self-aware and willing to disclose and work on personal issues that impact the therapeutic relationship; Engages in direct and honest communication with clients, co-workers, and supervisors; Has socially progressive values that affirm all types of diversity; Open to new experiences and non-traditional approaches to healing.

Time commitment: Up to 20 hours per week (typically 12-15 clients per week, once a caseload has built to capacity). Some evenings are generally required.

Application process:

- Send a cover letter and CV/resume to healing@hazelhouse.net
- Visit our website to complete our online application. <https://www.hazelhouse.net/apply>
- Interview with Dr. Vaughn if she believes that Hazel House may be an appropriate placement for you, after reviewing the information you submitted in the first two steps.
- Wait for Dr. Vaughn to check references
- Receive offer, if applicable, or receive notice that another applicant has been selected as a better fit for the current needs of Hazel House
- Accept offer and start planning for your future at Hazel House, or stay in touch as you develop your professional network while interning at another site.

Application Deadlines:

- Spring semester start – September 1 *
- Fall semester start – November 1 *

*If you have missed one of these deadlines, please feel free to reach out, in case there are any remaining openings.