

EXPERIENTIAL TRAUMA GROUP



This group offers an immersive, interactive & hands-on experience of therapy to help individuals work through the lingering hurt they have yet to heal. With the guidance of a licensed trauma expert & the support of peers in need just like you, this group will help you to gain relief and stability and to construct a new meaning of your story.

Wednesday
5:00-6:30pm

Meets for a total of 12 weeks
\$80 per group

*For registration or
additional info:*

tpbooker@gmail.com

Facilitator:
Tara Booker, LCSW

Co-Facilitator:
Elizabeth Woods,
M.Ed. Candidate (2023)

Location:
Hazel House Holistic
Healing
2818 Azalea Pl,
Nashville, TN 37204