

# EXPERIENTIAL TRAUMA GROUP



**This group offers an immersive, interactive & hands-on experience of therapy to help individuals work through the lingering hurt they have yet to heal. With the guidance of a licensed trauma expert & the support of peers in need just like you, this group will help you to gain relief and stability and to construct a new meaning of your story.**

**Wednesday  
5:00-7:00pm**

**Meets for a total of 10 weeks  
beginning Oct. 4, 2023**

***For registration or  
additional info:***

**healing@hazelhouse.net  
615-499-3062**

***Facilitator:*  
Tara Booker, LCSW**

**\$80 per group**

***Location:*  
Hazel House Holistic  
Healing  
2818 Azalea Pl,  
Nashville, TN 37204**